



# DISTINCT

PHYSICAL THERAPY

## Medical History Form

Date: \_\_\_\_\_

Patient Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Age: \_\_\_\_\_

Are you presently working? \_\_\_\_\_ Next Doctor visit: \_\_\_\_\_

Diagnosis/Chief Complaint: \_\_\_\_\_

Height: \_\_\_\_\_ Weight: \_\_\_\_\_

1. Date of Injury/Onset: \_\_\_\_\_ 2. Have you ever had these symptoms before? \_\_\_\_\_ Yes \_\_\_\_\_ No

3. Check which apply to your current condition:

- |  |   |  |
|--|---|--|
| <input type="checkbox"/> Motor Vehicle Accident    | <input type="checkbox"/> Work Related                       | <input type="checkbox"/> Recurrence of Previous Injury |
| <input type="checkbox"/> Cause Unknown             | <input type="checkbox"/> Injury Related to Lifting          | <input type="checkbox"/> Athletic/Recreational         |
| <input type="checkbox"/> Injury Related to Falling | <input type="checkbox"/> Two or more falls in the last year | <input type="checkbox"/> Other: _____                  |

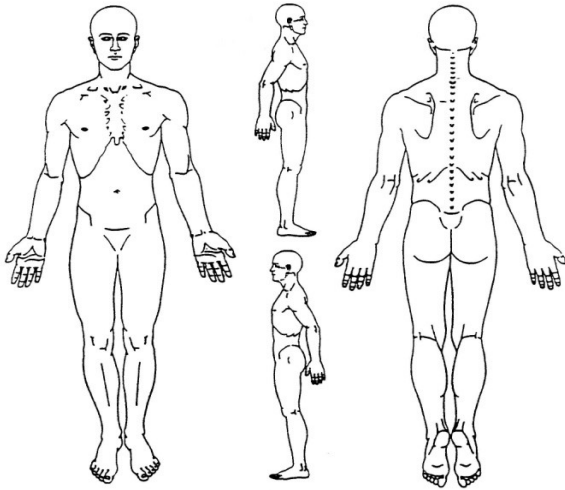
4. Have you had a related surgery? \_\_\_\_\_ Yes \_\_\_\_\_ No Date: \_\_\_\_\_

5. Have you had any other surgeries? \_\_\_\_\_ Yes \_\_\_\_\_ No

Explain: \_\_\_\_\_

6. If female, are you pregnant? \_\_\_\_\_ Yes \_\_\_\_\_ No

7. Please indicate below where your symptoms are located:



Key:
Numbness: XXXXXXXXXXXXXXXX
Pins & Needles: OOOOOOOO
Burning Pain: ////////////////
Stabbing Pain: ++++++

8. Please rate the intensity of your pain on a scale of 0 to 10, with 0 being no pain and 10 being the worst pain possible:

Pain at best: \_\_\_\_/10 Pain at worst: \_\_\_\_/10

9. How and when did your injury occur or how and when did your symptoms begin: \_\_\_\_\_

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10. Do you participate in any sports, exercise programs or activities on a regular basis? \_\_\_ Yes \_\_\_ No

11. Do you have or have you had any of the following?

**Heart Disease**

Congestive Heart Failure \_\_\_ Yes \_\_\_ No  
High Blood Pressure \_\_\_ Yes \_\_\_ No  
Heart Attack \_\_\_ Yes \_\_\_ No  
Atherosclerotic disease \_\_\_ Yes \_\_\_ No  
Angioplasty \_\_\_ Yes \_\_\_ No  
Pacemaker \_\_\_ Yes \_\_\_ No

Valvular Disease \_\_\_ Yes \_\_\_ No  
Stents \_\_\_ Yes \_\_\_ No  
Arrhythmia \_\_\_ Yes \_\_\_ No  
Coronary Artery Bypass Graft \_\_\_ Yes \_\_\_ No  
Angina \_\_\_ Yes \_\_\_ No

**Lung Disease**

Chronic Obstructive Pulmonary Disease \_\_\_ Yes \_\_\_ No  
Emphysema \_\_\_ Yes \_\_\_ No

Asthma \_\_\_ Yes \_\_\_ No  
Recent Pneumonia \_\_\_ Yes \_\_\_ No

**Vascular Disease**

Peripheral Arterial Disease \_\_\_ Yes \_\_\_ No  
Diabetes \_\_\_ Yes \_\_\_ No  
Taking Blood Pressure Medication \_\_\_ Yes \_\_\_ No  
Acquired Respiratory Distress Syndrome \_\_\_ Yes \_\_\_ No

Stroke/TIA \_\_\_ Yes \_\_\_ No  
Chronic Bronchitis \_\_\_ Yes \_\_\_ No  
Hypertension \_\_\_ Yes \_\_\_ No

**General Medical Conditions**

Rheumatoid Arthritis \_\_\_ Yes \_\_\_ No  
Osteoarthritis \_\_\_ Yes \_\_\_ No  
Allergies \_\_\_ Yes \_\_\_ No  
Neurological Disease \_\_\_ Yes \_\_\_ No  
Headaches \_\_\_ Yes \_\_\_ No  
Gastrointestinal Disease \_\_\_ Yes \_\_\_ No  
Hernia \_\_\_ Yes \_\_\_ No  
Ulcer \_\_\_ Yes \_\_\_ No  
Reflux Problems \_\_\_ Yes \_\_\_ No  
Bowel Abnormalities \_\_\_ Yes \_\_\_ No  
Liver Problems \_\_\_ Yes \_\_\_ No  
Gall Bladder Problems \_\_\_ Yes \_\_\_ No  
Vision Problems \_\_\_ Yes \_\_\_ No  
Dizziness/Fainting \_\_\_ Yes \_\_\_ No  
Fractures \_\_\_ Yes \_\_\_ No  
Hypoglycemia \_\_\_ Yes \_\_\_ No  
Skin Abnormalities \_\_\_ Yes \_\_\_ No  
Smoking \_\_\_ Yes \_\_\_ No

Degenerative Disc Disease \_\_\_ Yes \_\_\_ No  
Hepatitis \_\_\_ Yes \_\_\_ No  
AIDS \_\_\_ Yes \_\_\_ No  
Osteoporosis \_\_\_ Yes \_\_\_ No  
Anxiety \_\_\_ Yes \_\_\_ No  
Panic Disorder \_\_\_ Yes \_\_\_ No  
Depression \_\_\_ Yes \_\_\_ No  
Previous Accidents \_\_\_ Yes \_\_\_ No  
Kidney Problems \_\_\_ Yes \_\_\_ No  
Prostate Problems \_\_\_ Yes \_\_\_ No  
Incontinence \_\_\_ Yes \_\_\_ No  
Hearing Impairment \_\_\_ Yes \_\_\_ No  
Sleep Dysfunction \_\_\_ Yes \_\_\_ No  
Prosthetic Implants \_\_\_ Yes \_\_\_ No  
Cancer \_\_\_ Yes \_\_\_ No  
Seizures \_\_\_ Yes \_\_\_ No  
Metal Implants \_\_\_ Yes \_\_\_ No

If you said YES to any of the above items, please briefly explain and give corresponding dates. Include any other pertinent information regarding your past medical history.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

12. Are you currently on any medication? \_\_\_ Yes \_\_\_ No

If YES, please list:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Patient Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Therapist Signature: \_\_\_\_\_

Date: \_\_\_\_\_